

**Lincoln Jets Track Club
All-Time Top 10 Sub-Bantam Boys**

100 Meters

<u>Time</u>	<u>Name</u>	<u>Year</u>
14.5	Matthew Medill	2011
17.3	Logan VandeHoef	2010
22.6	Dominic Kak	2010

200 Meters

<u>Time</u>	<u>Name</u>	<u>Year</u>
33.25	Matt Medill	2010
39.4	Logan VandeHoef	2010

400 Meters

<u>Time</u>	<u>Name</u>	<u>Year</u>
1:18.7	Conrad Schroeder	2011
1:24.6	Matthew Medill	2010
1:25.3	Gavin Greenwood	2011
1:38.5	Logan VandeHoef	2010

Long Jump

<u>Distance</u>	<u>Name</u>	<u>Year</u>
12'09.25"	Matthew Medill	2011
9'01.00"	Logan VandeHoef	2010
9'00.00"	Gavin Greenwood	2011
5'00.00"	Dominic Kak	2010

800 Meters

<u>Time</u>	<u>Name</u>	<u>Year</u>
3:01.6	Conrad Schroeder	2011
3:22.6	Logan VandeHoef	2010

1500 Meters

<u>Time</u>	<u>Name</u>	<u>Year</u>
6:01.71	Conrad Schroeder	2011

Javelin

<u>Height</u>	<u>Name</u>	<u>Year</u>
59'4"	Conrad Schroeder	2011
50'9"	Matthew Medill	2010

Shot Put

<u>Distance</u>	<u>Name</u>	<u>Year</u>
24'4.75"	Matt Medill	2011